

## **Monday 1st**

9:00am Devotion/Coffee 10:00am Shopping Trip 11:00pm Engage Your Brain 1:30pm Courtyard Social 2:30pm Bean Auction 3:30pm Find the Word 6:00pm Book Reader's Circle

# **Tuesday 2nd**

National Civil Rights Act Day Dr. Appointments 9am-2pm 9:00am Sofa Chat/Coffee 10:00am Price is Right 11:00am Puzzle 1:30am Courtyard Social 2:30pm Gardening Club 3:30pm Men's Movie Choice 6:00pm Puzzles

## Wednesday 3rd

9:00am Breakfast at Thumbs Up 10:30am Bonanza 11:30am Sit & Be Fit 1:30pm Courtyard Social 2:30pm Bible Study 3:30pm Backyard Trivia 4:30pm Walking Club 6:00pm Word Search

#### **Thursday 4th**

Independence Day
9:00am Morning Walk & Talk
10:00am Let's Make a Deal
11:00am Puzzle
12:00pm Independence Day Celebration
1:30pm Courtyard Social
2:30pm Gardening Club
3:30pm Rummikub
4:30pm Walking Club

## Friday 5th

10:00am Devotion/Coffee 10:30am Chair Zumba 11:00am Bingo 1:30pm Monthly Birthday Celebration 3:00pm Popcorn/Movie "Grumpy Old Men" 4:30pm Walking Club 6:00pm Nightly News

#### Saturday 6th

9:00am News/Coffee 10:00am Walking Club 11:00am Puzzles 2:00pm Social Hour W/Friends 4:00pm Book Reader's Circle 6:00pm News Blast

#### **Sunday 7th**

9:00am News/Coffee 10:30am Trinity Fellowship 11:00am Catholic Communion 2:00pm Sunday Matinee Movie 4:00pm Evening Walk & Talk

### **Monday 8th**

National Love Your Skin Day 9:00am Walking Club 10:00am Shopping Trip 11:00pm Magazine Reading 1:30pm Courtyard Social 2:30pm Bingo 3:30pm "Nails & Tales" Beauty Hour 6:00pm Nightly News

## **Tuesday 9th**

Dr. Appointments 9am-2pm 9:00am Sofa Chat/Coffee 10:00am Family Feud 11:00am Word Search 1:30pm Magazine Reading 2:30pm Gardening Club 3:30pm Bean Bag Toss 4:30pm Walking Club 6:00pm News Blast

#### Wednesday 10th

9:00am News/Coffee 10:00am Chair Zumba 11:00am Puzzle 1:30pm Courtyard Social 2:30pm Bible Study 3:30pm Arts & Crafts 4:30pm Walking Club 6:00pm Word Search

## **Thursday 11th**

Dr. Appointments 9am-2pm 9:00am Morning Walk & Talk 10:00am Game Show of Choice 11:00am Gardening Club 1:30pm Walking Club 2:00pm Candy Dice 3:00pm T.J Maxx 4:30pm Courtyard Social 6:00pm Nightly News

## Friday 12th

10:00am Devotion/Coffee 10:30am Chair Zumba 11:00am Bingo 1:30pm Courtyard Social 2:30pm Popcorn/Movie "Away from Her" 4:30pm Walking Club 6:00pm Nightly News

#### Saturday 13th

9:00am News/Coffee 10:00am Walking Club 11:00am Matinee Movie 2:00pm Puzzles 4:00pm Card Game

#### **Sunday 14th**

9:00am News/Coffee 10:30am Trinity Fellowship 11:00pm Catholic Communion 2:00pm Puzzles 4:00pm Evening Walk & Talk

#### Monday 15th

National Give Something Away Day 9:00am Devotion/Coffee 9:45am Shopping Trip 2:00pm Resident Council 3:30pm Candy Dice 4:00pm Walking Club 6:00pm Nightly News

## **Tuesday 16th**

Dr. Appointments 9am-2pm 9:00am Sofa Chat/Coffee 10:00am Let's Make a Deal 11:00am Puzzle 1:30am Courtyard Social 2:30pm Gardening Club 3:30pm Uno 6:00pm Puzzles

# Wednesday 17th National Love Your Skin Day

National Hot Dog Day 10:00am Exercise Circle 10:30am Bonanza 11:00am Book Reader's Circle 1:30pm Courtyard Social 2:30pm Bible Study 3:30pm Backyard Trivia 4:30pm Walking Club 6:00pm Word Search

## **Thursday 18th**

Dr. Appointments 9am-2pm 9:00am Morning Walk & Talk 10:00am Let's Make a Deal 11:00am Puzzle 1:30pm Courtyard Social 2:30pm Gardening Club 3:30pm Rummikub 4:30pm Walking Club

#### Friday 19th

10:00am Devotion/Coffee 10:30am Chair Zumba 11:00am Bingo 1:30pm Courtyard Social 2:30pm Popcorn/Movie "Gran Torino" 4:30pm Walking Club 6:00pm Nightly News

#### Saturday 20th

9:00am News/Coffee 10:00am Walking Club 11:00am Matinee Movie 2:00pm Card Game 4:00pm Word Search 6:00pm News Blast

#### **Sunday 21st**

9:00am Walking Club 10:30am Trinity Fellowship 11:00pm Catholic Communion 2:00pm Magazine Reading 4:00pm Sofa Chat

## Monday 22nd

National Ice Cream Day
9:00am Devotion/Coffee
9:45am Shopping Trip
1:30pm Puzzles
2:30pm Bingo
3:00pm "Nails & Tales" Beauty Hour
4:00pm Walking Club
6:00pm Magazine Reading

### **Tuesday 23rd**

Dr. Appointments 9am-2pm 9:00am Sofa Chat/Coffee 10:00am Price is Right 11:00am Word Search 1:30pm Magazine Reading 2:30pm Gardening Club 3:30pm Women's Movie Choice 4:30pm Walking Club 6:00pm News Blast

# Wednesday 24th

9:30am News/Coffee 10:00am Chair Zumba 11:00am Lunch at Atlantic Buffett 1:30pm Courtyard Social 2:30pm Bible Study 3:30pm Arts & Crafts 4:30pm Walking Club 6:00pm Word Search

#### **Thursday 25th**

Appointments 9am-2pm 9:00am Morning Walk & Talk 10:00am Game Show of Choice 11:00am Engage Your Brain 1:30pm Walking Club 2:30pm Publix 4:00pm Gardening Club 6:00pm Nightly News

## Friday 26th

10:00am Devotion/Coffee
10:30am Balloon Volleyball
11:00am Bingo
1:30pm Courtyard Social
2:30pm Popcorn/Movie "Second
Hand Lions"
4:30pm Walking Club
6:00pm Nightly News

#### Saturday 27th

9:00am News/Coffee 10:00am Walking Club 11:00am Matinee Movie 2:00pm Puzzles 4:00pm Courtyard Social 6:00pm News Blast

#### **Sunday 28th**

9:00am Tv/Coffee 10:30am Trinity Fellowship 11:00pm Catholic Communion 2:00pm Puzzles 4:00pm Evening Walk & Talk

## Monday 29th

National Chicken Wing Day 9:00am Devotion/Coffee 10:00am Shopping Trip 11:00pm Engage Your Brain 1:30pm Courtyard Social 2:30pm Arts & Crafts 3:30pm Uno 6:00pm Word Search

## **Tuesday 30th**

Dr. Appointments 9am-2pm 9:00am Sofa Chat/Coffee 10:00am Let's Make a Deal 11:00am Western Show 1:30pm Magazine Reading 2:30pm Gardening Club 3:30pm Women's Movie Choice 4:30pm Walking Club 6:00pm News Blast

#### Wednesday 31st

10:00am Exercise Circle 10:30am Bonanza 11:00am Book Reader's Circle 1:30pm Courtyard Social 2:30pm Bible Study 3:30pm Backyard Trivia 4:30pm Walking Club

# **Activities Subject to Change!**

Azalea Gardens at Mableton
Assisted Living